

# Stephen W. Seetal, Ph.D.

## PSY 23680

### EDUCATION

**Doctor of Philosophy****Clinical Psychology**

(Individual, Family, Child Emphasis)

December, 2007

California School of Professional Psychology

Los Angeles, CA

**Master of Arts****Clinical Psychology**

(Individual, Family, Child Emphasis)

August, 2005

California School of Professional Psychology

Los Angeles, CA

**Bachelor of Arts****Psychology**

(Magna Cum Laude)

August, 2002

National University

Los Angeles, CA

**Licensure:** Psychologist (CA), July, 2010

### PROFESSIONAL EXPERIENCE

**Salus Psychology**

*Clinical Psychologist, Partner*

**March 2012-Present**

- Comprehensive clinical assessment, treatment planning, and provision of psychotherapeutic services for children, adolescents, adults, and couples.
- Clinical and organizational consultation, and planning.
- Small and large group training on a range of psychological topics including: Parenting, Social Skill Building, Childhood/Adult ADHD, School-Related Functioning, Attachment, Intimate Relationships, Stress/Burnout, Depression, Loss/Grief, and Domestic Violence.

**Los Angeles County Sheriff's Department**

*Law Enforcement Psychologist-Employee Support Services Bureau*

**February 2012-Present**

- Serve as a member of a professional psychological services team, providing direct patient care (counseling/evaluation services) for department employees and family members.
- Providing 24-hour crisis intervention, negotiation services to management and department personnel under highly-stressful and/or dangerous situations.
- Providing human relations and organizational consultation services to department supervisors and management.
- Performing critical incident interventions for departmental personnel involved in on/off duty shootings, dangerous or serious crime situations, traumatic incidents, etc.

**University of Phoenix, College of Social Sciences**

*Associate Faculty-Southern California Campus*

**October 2011-Present**

- Undergraduate and graduate instruction in the Colleges of Social Sciences and Humanities.
- Planning lessons, executing lectures in accordance with academic curricula.
- Facilitation of student learning through various mechanisms (group discussions/presentations, written assignments, etc.).

**Los Angeles County Department of Mental Health** **May 2008-February 2012**

*Compton Mental Health Services-Specialized Foster Care Program (Service Area 6)*

**January 2009-Present: Clinical Psychologist II (Specialized Foster Care Administrative Liaison)**

- Crisis-based treatment evaluation, supervision and linkage of clients to emergency mental health services.
- Providing cross-county agency training with DCFS, Probation, Mental Health and community providers to improve client outcomes (increased child safety/reduced recidivism, decreased reliance on out-of-home care).
- Coordination of intensive mental health provision and community mental health providers in relation to Specialized Foster Care referral flow and service linkage.
- Tracking activities of the Coordinated Services Action Team (CSAT) by gathering, analyzing and preparing data for service area administration.
- Track and provide weekly updates to leadership staff regarding vacancies for a range of mental health services.

**May 2008-December 2008: Clinical Psychologist II (Community-Based Psychologist)**

- Treatment of a wide range of clinical issues including PTSD, Substance Abuse, Anxiety, Mood Disorders, Adjustment Disorders, Behavioral Disorders and Cognitive Impairment.
- Completion of Multidisciplinary Assessments and participation in Multidisciplinary Assessment Team (M.A.T.).
- Comprehensive Mental Health Assessment and Evaluation.
- Conducting individual, group and family therapy utilizing brief and longer term models.
- Crisis intervention/risk assessment.
- Ongoing therapeutic case management.

**Five Acres Aid Society of Los Angeles, Altadena      October 1995 - May 2008**

*Residential Treatment Center- Treatment of Severely Emotionally Disturbed Children*

**August 2002-May 2008: On-Duty Supervisor**

- Crisis intervention on residential campus.
- Supervision and performance evaluation of residential staff.
- Clinical (risk) assessment (danger to self, others) and facilitation of psychiatric hospitalization.
- Administrative management of incidents involving behaviorally unstable, assaultive, and violent clients.
- Employee scheduling; distribution/regulation of agency resources for residential activities.

**August 1997-August 2002: Teaching Assistant, Five Acres Therapeutic Education Center**

- Direct implementation of academic lessons, grading of educational exercises and homework activities, academic lesson preparation.
- Organization of instructional areas, direction of specialized reading program, coordination of bi-monthly fieldtrips, preparation/instruction of art curriculum, completion of Achenbach Behavioral Assessments.
- Student assessment, graphing of data and presentation of student learning and achievement profiles.
- Student behavioral management.

**October 1995-August 1997: Residential Treatment/Shelter Assessment Counselor**

- Life/social skill education.
- Management of behavioral modification program.
- Monitoring, recording and graphing of client behavioral interactions.
- Direct supervision of clients.

**ADDITIONAL CLINICAL EXPERIENCE**

**Los Angeles Child Guidance Clinic, Los Angeles      September 2006-June 2007**

*Community Mental Health Services*

**Sharper Future, Los Angeles      September 2005-August 2006**

*Adult Outpatient Forensic Services*

**Santa Anita Family Service, Monrovia      September 2004-August 2005**

*Community Mental Health Services*

**Pasadena City College, Pasadena      September 2003-June 2004**

*Disabled Student Program and Services Department*

**ADDITIONAL TRAINING/CERTIFICATION**

- 40-Hour Crisis Negotiation Training (CNT)-Federal Bureau of Investigation, Los Angeles
- 16-Hour Critical Incident Stress Debriefing (CISD)-The Counseling Team, San Bernardino, CA
- 40 Hour Instructor Certification-California Commission on Peace Officer Standards and Training (POST)

**PROFESSIONAL AFFILIATIONS**

- Los Angeles County Psychological Association
- California Psychological Association
- American Psychological Association